LEARNING ENGLISH & IMPROVING VOCABULAR

PHRASAL VERBS (01-30JUN21)

- 1. wither away (phrasal verb) diminish, dwindle, lessen, weaken.
- 2. <u>tear down</u> (phrasal verb) demolish, knock down, pull down.
- 3. <u>hunker down</u> (phrasal verb) to stay in a particular place for a long time, especially for protection; to prepare yourself to stay focused on a task in order to achieve something; to sit on your heels by bending your knees, squat.
- 4. **burst out** (phrasal verb) to flow out of something suddenly with great force.
- 5. wake up (to) (phrasal verb) realize, become aware of, become heedful of.
- 6. iron out (phrasal verb) resolve, settle, set right.
- 7. <u>bump up</u> (phrasal verb) move someone to a higher level.
- 8. <u>put down</u> (phrasal verb) suppress, put an end to, crush, quash, quell, overthrow.
- 9. <u>feed on</u> (phrasal verb) gain strength from, gain energy from.
- 10.double down (phrasal verb) to be more firm & resolute on something (decided) even if that might be a risky choice; to double or increase a risk involved in doing something.
- 11. <u>crop up</u> (phrasal verb) happen, occur, arise, arrive, surface.
- 12.<u>dish out</u> (phrasal verb) dispense or provide casually.
- 13.<u>stick to</u> (phrasal verb) adhere to, abide by, follow a rule; continue doing a specific thing.
- 14. lapse into (phrasal verb) revert, relapse, fall back (into a well-known way of speaking/behaviour).
- 15. forge ahead (phrasal verb) advance rapidly, progress quickly, increase speed.
- 16.<u>figure out</u> (phrasal verb) understand, comprehend, work out, find an answer/solution to.
- 17. ward off (phrasal verb) prevent, repel, avert, deflect, block, stop, obstruct, impede.
- 18.<u>latch on to</u> (phrasal verb) take up (an idea or trend)
- eagerly/interestingly.
- 19.<u>palm off</u> (phrasal verb) get rid of, dispose of something (by misrepresentation).
- 20. <u>wind down</u> (phrasal verb) come to an end, draw to a close, wind up, close down.

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LEARNING ENGLISH & IMPROVING VOCABULARY

PHRASAL VERBS (01-30JUN21)

- 21.<u>get around</u> (phrasal verb) overcome, surmount, prevail over; deal with, cope with, sort out.
- 22.<u>rope in</u> (phrasal verb) persuade, convince, urge (someone to take part in an activity).
- 23.<u>come by</u> (phrasal verb) to find, obtain, get (something).
- 24. grow up (phrasal verb) grow, mature, develop (into an adult).
- 25. <u>call for</u> (phrasal verb) require, publicly ask/necessitate, demand.
- 26. <u>step up</u> (phrasal verb) increase, intensify, strengthen, augment.
- 27.<u>call out</u> (phrasal verb) criticize someone for something (bad/incorrect) publicly and ask them to justify/explain it.
- 28.<u>come of</u> (phrasal verb) result from.
- 29.<u>leave aside</u> (phrasal verb) to not consider something; ignore, dismiss, push aside.
- 30.<u>look to</u> (phrasal verb) turn to, resort to, have recourse to, fall back on
- 31.<u>make up</u> (phrasal verb) make amends for, compensate for; offset, counterbalance.
- 32.<u>hold up</u> (phrasal verb) delay, make late, slow down; obstruct, impede, hinder, hamper.
- 33.<u>tie up</u> (phrasal verb) to have a business deal/agreement/arrangement.
- 34.<u>hold out</u> (phrasal verb) resist, withstand, hold off, stand firm against.
- 35.<u>free up</u> (phrasal verb) to make it operate with fewer restrictions and controls.
- 36. point out (phrasal verb) identify, mention, indicate, draw attention to.
- 37.<u>come up with</u> (phrasal verb) produce, put forward, present/submit.
- 38. trickle down (phrasal verb) pass on benefits to the people at the bottom of the pyramid (by those at top of the system).
- 39.<u>lay down</u> (phrasal verb) formulate, stipulate, frame, draw up.
- 40.<u>get by</u> (phrasal verb) manage, cope, make do, subsist (survive oneself).
- 41.<u>factor in</u> (phrasal verb) take into account, take into consideration, consider.
- 42. set up (phrasal verb) create, start, begin, initiate, institute, establish.

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PHRASAL VERBS (01-30JUN21)

- 43.go by (phrasal verb) follow, observe something.
- 44.<u>rely on</u> (phrasal verb) depend on; resort to, have recourse to.
- 45.<u>cut across</u> (phrasal verb) traverse, transcend, go beyond, rise above, pass over, go across.
- 46. spell out (phrasal verb) explain, make clear, elucidate/clarify.
- 47.<u>hang over</u> (phrasal verb) be imminent, threaten, approach, be close, be impending.
- 48.<u>distance oneself from</u> (phrasal verb) denounce, disown, reject, condemn, disagree with.
- 49.<u>fall under</u> (phrasal verb) be affected/impacted by something.
- 50.<u>firm up</u> (phrasal verb) make something more definite.
- 51.<u>miss out</u> (phrasal verb) fail to add/include something, omit; fail to utilize/take advantage of something.
- 52.<u>sail through</u> (phrasal verb) succeed easily at, gain success in easily, pass easily.
- 53.<u>vote out</u> (phrasal verb) to remove/oust someone from a position/office by voting.
- 54. break out (phrasal verb) flare up, begin/start suddenly, erupt, burst out.
- 55.<u>lay bare</u> (phrasal verb) reveal, uncover, expose.
- 56.<u>carry forward</u> (phrasal verb) have something to continue/handle at a later stage (to make progress).
- 57. <u>come down on</u> (phrasal verb) criticize, reprimand, rebuke, admonish harshly.
- 58. drive down (phrasal verb) to make something reduce to a lower level.
- 59.<u>look ahead</u> (phrasal verb) to think about what will happen in the future.
- 60.<u>turn back</u> (phrasal verb) go back/return (by force); repulse, drive back, force back.
- 61.<u>fall into</u> (phrasal verb) pass into a particular situation/condition suddenly.
- 62.go beyond (phrasal verb) to be more than something; to be better than something; to do more than something.
- 63. stay away from (phrasal verb) avoid, not get involved in.
- 64. <u>play out</u> (phrasal verb) happen, occur, take place.

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Note:

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PHRASAL VERBS (01-30JUN21)

- 65. throw up (phrasal verb) produce something.
- 66.<u>bring out</u> (phrasal verb) call attention to, highlight, emphasize, underline; produce, initiate.
- 67.<u>contend with</u> (phrasal verb) deal with, cope with, face, grapple with (a difficult or unpleasant situation).
- 68. wipe out (phrasal verb) eliminate, abolish, remove (completely)
- 69.<u>cover up</u> (phrasal verb) conceal, hide, keep secret, suppress, glossover.
- 70.<u>set out</u> (phrasal verb) present, describe, set forth.
- 71.go into (phrasal verb) investigate, examine, inquire into, look into
- 72.<u>bank on</u> (phrasal verb) rely on, depend on, count on, place reliance on.
- 73.<u>result in</u> (phrasal verb) cause, bring on, bring about, call forth, give rise to.
- 74.<u>lay out</u> (phrasal verb) set out, work out, arrange, outline, formulate.
- 75.<u>carry out</u> (phrasal verb) conduct, perform, implement, execute, bring about.
- 76.<u>get out</u> (phrasal verb) emerge, transpire, become known.
- 77.get back (to) (phrasal verb) return to, come back to.
- 78. scale up (phrasal verb) increase, expand, augment; step up.
- 79.go back (phrasal verb) return to.
- 80.<u>pull out</u> (phrasal verb) withdraw, retreat, get/move out.
- 81.<u>open up</u> (phrasal verb) make accessible; make available.
- 82. <u>call upon</u> (phrasal verb) demand, require, ask formally.
- 83.<u>get over</u> (phrasal verb) overcome, surmount, mend, recover, recuperate, bounce back.
- 84.<u>look at</u> (phrasal verb) analyse, review, appraise, explore.
- 85.<u>launchinto</u> (phrasal verb) begin, start, embark on.
- 86. <u>keep up</u> (phrasal verb) continue, keep on with, go on with, carry on with, persist with.
- 87.gun down (phrasal verb) shoot down, kill.
- 88.<u>shoot down</u> (phrasal verb) gun down, kill.
- 89.<u>step in</u> (phrasal verb) act, take action, become involved, get involved.
- 90.<u>end up</u> (phrasal verb) come/appear, find oneself (to a particular course of action in the end).

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LEARNING ENGLISH & IMPROVING VOCABULARY

PHRASAL VERBS (01-30JUN21)

- 91.<u>lie upon</u> (phrasal verb) to be incumbent upon; be obligatory/mandatory upon.
- 92.<u>bring on</u> (phrasal verb) cause, make happen, bring about, give rise to, create, produce.
- 93.<u>break down</u> (phrasal verb) tear down, demolish, destroy.
- 94. <u>make out</u> (phrasal verb) pretend, make a pretence of, affect, allege, claim, assert.
- 95.<u>stick (with)</u> (phrasal verb) continue with something.
- 96. wind up (phrasal verb) conclude, bring to a close, end/finish.
- 97.<u>rule out</u> (phrasal verb) eliminate, reject, dismiss, disregard, prohibit, prevent.
- 98.<u>rein in</u> (phrasal verb) to control, restrain, restrict, limit someone/something.
- 99. drive up (phrasal verb) (of a price of something) increase, rise to a higher level.
- 100.<u>send out</u> (phrasal verb) give out, announce, deliver/produce.
- 101. bounce back (phrasal verb) recover, revive, rally, make a comeback.
- 102.<u>fall off</u> (phrasal verb) drop off, go down, decline.
- 103.<u>drive back</u> (phrasal verb) fight off, repulse, rebuff, repel, oppose.
- 104.<u>throw around</u> (phrasal verb) (of a word) mention frequently.
- 105. pull back (phrasal verb) withdraw, retreat, pull out, draw back.
- 106. come under (phrasal verb) be subjected to.
- 107.<u>account for</u> (phrasal verb) constitute, comprise, form, represent.
- 108. shut down (phrasal verb) cease activity, close down, cease operation.
- 109. pay out (phrasal verb) spend, hand over, give (money).
- 110.<u>lie in (phrasal verb)</u> be present, exist.
- 111. speakof (phrasal verb) mention, talk about, discuss, refer to.
- 112. add up (phrasal verb) increase the total sum/value/price of something by adding two/more amounts together.
- 13.<u>turn out</u> (phrasal verb) happen, develop, end (in a specific way).
- 114.<u>drive out</u> (phrasal verb) expel, remove, oust.
- 115.<u>go on to</u> (phrasal verb) proceed (to do something).
- 116.<u>take over</u> (phrasal verb) assume control of, take control of, gain control of, take charge of, take command of.

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PHRASAL VERBS (01-30JUN21)

- 117. keep out (phrasal verb) exclude, deny access to, reject.
- 118. step up (phrasal verb) increase, intensify, scale up, escalate.
- 119. add to (phrasal verb) increase, amplify, intensify.
- 120.<u>set off</u> (phrasal verb) cause, bring about, begin/start, prompt, trigger.
- 121.<u>come out</u> (phrasal verb) develop, happen, emerge, transpire (as a result)
- 122. <u>lie behind</u> (phrasal verb) be the (genuine) reason for something.
- 123. dispense with (phrasal verb) forgo, give up, relinquish, renounce.
- 124.<u>level out</u> (phrasal verb) make something even, equalize, level up.
- 125.<u>draw up</u> (phrasal verb) prepare a plan of action in detail.
- 126. throw out (phrasal verb) dismiss, veto/refuse.
- 127. <u>build on</u> (phrasal verb) develop, enhance, expand on.
- 128.<u>lash out</u> (phrasal verb) criticize, castigate, censure, attack, condemn, denounce.
- 129.<u>show up</u> (phrasal verb) expose, reveal, bring to light, lay bare, manifest, highlight.
- 130. <u>beat down</u> (phrasal verb) wear down, tire down, overcome, overpower, destroy (someone slowly/gradually to the point of surrender/defeat).
- 131. <u>wish away</u> (phrasal verb) to desire or hope that a problematic issue or situation will disappear without (you) doing anything about it.
- 132.<u>look away</u> (phrasal verb) avert/divert one's gaze/observance from something.
- 133.<u>shy away from</u> (phrasal verb) avoid, recoil, withdraw nervously (due to fear/surprise/pain/dislike).
- 134. <u>stand out</u> (phrasal verb) be noticeable, be obvious, be conspicuous, be striking, be distinctive, be prominent.
- 135. <u>rest on</u> (phrasal verb) be based on, depend on, be dependent on, rely on.
- 136.<u>hark back</u> (phrasal verb) recall, remember, recollect, think of something from the past.
- 137. <u>crack down on</u> (phrasal verb) get tough on, take severe measures against, clamp down on.
- 138. <u>climb down</u> (phrasal verb) withdraw/retreat; back down, backpedal, change one's mind.

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PHRASAL VERBS (01-30JUN21)

- 139.<u>look forward (to)</u> (phrasal verb) anticipate, expect, hope for.
- 140.<u>move away from</u> (phrasal verb) change/alter one's ideas/beliefs/views and so.
- 141.<u>spill over</u> (phrasal verb) (something like an emotion/bad condition) spread out or fan out & reach to an uncontrolled level.
- 142. shore up (phrasal verb) support, assist, strengthen, fortify, buttress.
- 143.<u>come away</u> (phrasal verb) depart with a particular feeling after doing something.
- 144. <u>carve out</u> (phrasal verb) establish, develop, create something (by taking something from a larger whole) with effort.
- 145.<u>push back</u> (phrasal verb) force back, repel, fight off; refuse, reject, prevent.
- 146.<u>set back</u> (phrasal verb) delay, hold up, slow down, decelerate; hinder, hamper, obstruct.
- 147.<u>fall on</u> (phrasal verb) be the responsibility of.
- 148.<u>open up</u> (phrasal verb) become communicative, expressive, vocal/open.
- 149. <u>cut off</u> (phrasal verb) discontinue, disconnect, interrupt, suspend, break off.
- 150.lift off (phrasal verb) take off.
- 151.<u>give up</u> (phrasal verb) give in, surrender, capitulate, stop trying, forgo, relinquish, renounce.
- 152. leave behind (phrasal verb) abandon.
- 153.set about (phrasal verb) begin, start, embark on.
- 154. <u>put up</u> (phrasal verb) display, post.
- 155. <u>build up</u> (phrasal verb) strengthen, increase, improve, augment, raise, intensify.
- 156. <u>borne out</u> past participle of <u>bear out</u> (phrasal verb) confirm, validate, vindicate, justify/support (a claim).
- 157.<u>gothrough</u> (phrasal verb) undergo, experience, suffer, live through, endure, tolerate.
- 158.<u>come forward</u> (phrasal verb) volunteer, step forward.
- 159. get back (phrasal verb) return, come back, go back.
- 160.<u>speed up</u> (phrasal verb) expedite, hurry up, accelerate, step up.
- 161.<u>stand down</u> (phrasal verb) withdraw, step down, bow out, renounce.

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PHRASAL VERBS (01-30JUN21)

- 162.<u>let off</u> (phrasal verb) relieve from, exempt from.
- 163.<u>keep on</u> (phrasal verb) continue.
- 164.<u>take off</u> (phrasal verb) remove, discard, shrug off.
- 165.<u>stem from</u> (phrasal verb) originate from, arise/come from, emanate from.
- 166. find out (phrasal verb) observe, notice, note, get to know.
- 167. pass on (phrasal verb) give someone an infectious illness.
- 168. <u>roll out</u> (phrasal verb) launch, introduce, organize, inaugurate (something officially).
- 169.<u>tide out</u> (phrasal verb) diminish, lessen, decrease, moderate, recede, ebb, abate, subside.
- 170. root out (phrasal verb) get rid of, remove, eliminate, discard.
- 171.<u>reach out</u> (phrasal verb) contact someone to obtain/offer help/assistance/cooperation.
- 172. walk back (phrasal verb) reverse, withdraw, retreat.
- 173. bring about (phrasal verb) cause, create, give rise to, produce.
- 174. come about (phrasal verb) happen, occur, take place, transpire.
- 175. <u>close down</u> (phrasal verb) close, shut down, cease activity, come to a halt.
- 176. <u>pull down</u> (phrasal verb) take down, remove.
- 177.come across (phrasal verb) seem, appear, look.
- 178.<u>strike down</u> (phrasal verb) abolish, annul, nullify (a law or regulation).
- 179. take away (phrasal verb) remove, take out, deprive, divest, strip.
- 180. catch up (phrasal verb) pick up, reach, gain on, come to (the same standard, stage, or level of others).
- 181. keep alive (phrasal verb) keep going, continue, sustain.
- 182. <u>put out</u> (phrasal verb) issue, publish, release, make public, publicize.

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