LEARNING ENGLISH & IMPROVING VOCABULARY

IDIOMS & PHRASES (01-30JUN21)

- 1. <u>take something in one's stride</u> (phrase) to deal with a problem or difficulty in a calm & easy way and not allow it to have an effect on you.
- 2. <u>leave someone in the lurch</u> (phrase) to abandon or leave someone (without help and protection) in a difficult situation; leave helpless, leave stranded, let down.
- 3. <u>in an ideal world</u> (phrase) it is used when you are mentioning about things that you would like to happen, although you understand that they are unlikely to happen.
- 4. <u>in one's wake</u> (phrase) used to say what is left behind by something; after something.
- 5. at the back of one's mind (phrase) not in one's conscious thinking.
- 6. <u>rise above</u> (phrase) to not be affected by something (e.g. problem/difficulty); to tackle a problem or difficulty successfully.
- 7. **a ray of hope** (phrase) something which gives a slight hope in a difficult situation.
- 8. <u>come a long way</u> (phrase) to become very successful; to make considerable progress.
- 9. <u>drop the ball</u> (phrase) make a mistake/error, mishandle; fail to do something, miss an opportunity.
- 10. smoking gun (phrase) an unquestionable/conclusive evidence that proves that someone has done a crime/wrongdoing.
- 11. set alarm bells ringing (phrase) make someone feel worried about something.
- 12. connect the dots (phrase) to put various information together to find the big picture (broad overview) of a situation, issue, or problem.
- 13. <u>ruffle feathers</u> (phrase) to cause someone to become very angry/upset, annoyed, irritated.
- 14. a shot in the arm (phrase) (figuratively) boost, fillip, stimulus, impetus, encouragement; (literally) an injection of drugs.
- 15. there is no denying (phrase) used to say that something is undoubtedly true.
- 16. <u>give it one's best shot</u> (phrase) to try as hard as possible; to make one's best effort.
- 17. pass the baton (phrase) hand over a specific responsibility/duty.
- 18. shoot the messenger (phrase) used to describe the act of blaming the bearer of bad news.

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- 19. in one fell swoop (phrase) all at once, together, at the same time.
- 20. <u>have one's work/task cut out</u> (phrase) be faced with a tough task/work.
- 21. come into force (phrase) come to effect (a new law, rule, change, etc.).
- 22.<u>last resort</u> (phrase) a final course of action when all else has failed; ultimate, final, eventual action.
- 23. <u>in line with</u> (phrase) in alignment with, in accordance with, conforming to.
- 24.<u>no comment</u> (phrase) used when unwilling to answer a (sensitive) question.
- 25. <u>have the world at (one's) feet</u> (phrase) to be successful (in a particular area of activity).
- 26. speak one's mind (phrase) speak publicly, speak frankly, speak boldly.
- 27. bad day at work/the office (phrase) (particularly in sports) it means that a team/player made some major mistakes in the game and so has had a poor result (i.e. defeat/loss).
- 28. closer to home (phrase) (of a criticism/discourse) relevant or accurate to the point and so affecting someone deeply and emotionally.
- 29. off the field (phrase) take place off a sports field.
- 30. <u>turn a blind eve to (phrase)</u> overlook, disregard, neglect, ignore, pay no attention to.
- 31. by any measure (phrase) by any standards, from all perspectives.
- 32. come to terms with (phrase) to accept oneself to something painful/sad/difficult (situation); reconcile oneself to, come to accept, become accustomed to, adjust to.
- 33. drag one's feet (phrase) delay, procrastinate, postpone action, put off doing something.
- 34. and counting (phrase) used to say that something is constantly increasing.
- 35. <u>take a lap</u> (phrase) when someone does something substantially stupid thing, you tell them to "take a lap".
- 36. in perspective (phrase) judge a particular thing's real importance by considering it in relation to everything else.
- 37. in the times to come (phrase) in the future.

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- 38. on the ground (phrase) in a situation/place where things are happening really/practically.
- 39. by no means (phrase) not at all, in no way, certainly not, absolutely not, definitely not.
- 40. in place (phrase) established, in position.
- 41. hold good/hold true (phrase) remain true; remain valid.
- 42. <u>in/over the long term</u> (phrase) over a long period of time; in the future.
- 43. as far as is concerned (phrase) with regard to a particular person or situation.
- 44.<u>make amends</u> (phrase) compensation, recompense, reparation, restitution, restoration, redress.
- 45. at/in/to the forefront of (phrase) be in a leading/front/important position in an important activity; spearhead, van guard, front line, leading position.
- 46. <u>have little choice</u> (phrase) be in a condition where you must do something.
- 47. far and wide (phrase) everywhere, all over, all around, worldwide.
- 48. well begun is half done (phrase) a good beginning will definitely lead to progress. Much depends on the beginning of any endeavor.
- 49. in need of (phrase) needing.
- 50. <u>run the risk</u> (phrase) do something that may cause something unpleasant/bad.
- 51. of the essence (phrase) vitally important, essential, vital, urgent, indispensable.
- 52. of one's own (phrase) belongs or relates to oneself only.
- 53.(go) the extra mile (phrase) make a special effort at something in order to accomplish it successfully; to work very hard to reach a goal.
- 54. with an eye on (phrase) with an intention of; focus on a specific thing.
- 55. in need (phrase) requiring help, deprived, disadvantaged, underprivileged, in want, needy.
- 56.far from (phrase) not, not at all.
- 57. in terms of (phrase) with regard to, regarding/concerning, in connection with.
- 58. join issue with (phrase) to disagree with someone or something.
- 59. lie within (phrase) to exist in something.

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- 60.sit well with (phrase) to be agreeable to something.
- 61. to be sure (phrase) certainly, surely; used to highlight something.
- 62. at the risk of repetition (phrase) a phrase used in a situation where something have already been said and acknowledged and even though it is said again".
- 63. on the other hand (phrase) as an alternative, or, as another option, as a substitute.
- 64. in conjunction (phrase) together.
- 65. at the expense of (phrase) at the cost of, at the loss of; at the sacrifice of.
- 66. on the one hand (phrase) it is used to introduce the first of two contrasting different, points, facts, or ways of looking at something. It is always followed later by "on the other hand" or 'on the other'.
- 67. in parallel to (phrase) happening at same time and with a connection.
- 68. <u>keep someone/something in check</u> (phrase) control, curb, restrain, hold back, keep under control.
- 69. at a disadvantage (phrase) in an unfavourable situation/position.
- 70. in the absence of (phrase) due to unavailability of something.
- 71.<u>look beyond</u> (phrase) to look forward to a time in the future after some situation.
- 72. strike a deal/bargain (phrase) to come to an agreement.
- 73. bear fruit (phrase) yield/get results, succeed, be effective.
- 74. come to naught (phrase) fail, be defeated, be unsuccessful, be in vain.
- 75. in spite of (phrase) despite, notwithstanding, regardless of, for all.
- 76. so far (phrase) until now, up to the present, up to this point.
- 77. <u>late in the day</u> (phrase) (too) late, tardy, unpunctual, behind time.
- 78. in the near future (phrase) soon, shortly.
- 79. cannot afford/can ill afford (phrase) if you cannot afford to do something, you must prevent it from happening because it would be embarrassing and cause problems (if it happens).
- 80. a level playing field (phrase) a situation in which everyone has a fair and equal opportunity to succeed, and no one has an advantage over the other.
- 81. throw one's weight behind (phrase) to use one's power (influence) to support someone/something.

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- 82. even more (phrase) all the more, further.
- 83. to the point of (phrase) to a specific level.
- 84. up to (phrase) till, until.
- 85. any longer (phrase) from now on.
- 86. in the grip of (phrase) in the control of; dominated/controlled by.
- 87. be easier said than done (phrase) used to say that something sounds like a good idea in theory, but it would be very difficult to do.
- 88. as a result (phrase) subsequently, therefore, thus.
- 89. on the verge of (phrase) on the brink of, on the edge of, at a crucial or critical point.
- 90.do wonders (phrase) to be effective/successful.
- 91. <u>cause for concern</u> (phrase) a reason to worry (feel anxious).
- 92. <u>cause for cheer</u> (phrase) reason to be cheerful (happy and optimistic).
- 93. make worse (phrase) worsen, aggravate, exacerbate, compound.
- 94. winds of change (phrase) influential events/actions that result in significant political/social changes.
- 95. come and go (phrase) be transitory, be temporary; not to be permanent.
- 96. <u>keep/put pressure on</u> (phrase) to try to influence/persuade someone to do something in a certain method.
- 97. <u>lay/put stress on</u> (phrase) emphasis, to give importance to; to give attention to.
- 98. on the heels of (phrase) very soon after something, following closely after something.
- 99. under/in the guise of (phrase) under the pretence or outward/external appearance of something; posture, semblance, (false) show/display.
- 100. plug the loophole (phrase) change something so that there is no longer a loophole (flaw/fault/defect).
- 101. on the table (phrase) provided for consideration, discussion.
- 102. run amok (phrase) get out of control, go berserk, rampage.
- 103. be on firm ground (phrase) be well-supported with resources and also in a secure situation.
- 104. to the fore (phrase) predominant, most important, dominant, major/main (position).

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- 105. in the wake of (phrase) as a result of, in the aftermath of, as a consequence of.
- 106. in a bind (phrase) in a difficult situation.
- 107. as much as (phrase) almost, nearly the same as.
- 108. on the back of (phrase) as a result of, after, subsequent to.
- 109. to be fair (phrase) used for making your criticism less forceful
- 110. hard hit (phrase) people/things that are severely affected.
- 111. lay to rest (phrase) to end something.
- 112. bring close (phrase) bring to an end, dissolve, finish, conclude.
- 113. <u>fall short of</u> (phrase) fail to meet/reach; be deficient/inadequate/insufficient.
- 114. <u>make progress</u> (phrase) move forward, make strides; proceed, advance, improve.
- 115. bridge the gulf/gap (phrase) try to find a way to reduce the gap and bring the two separate viewpoints together.
- 116. in the public realm/domain (phrase) if something (e.g. information) is in the public domain, people generally know about it since it is no secret.
- 117. on the lines of (phrase) approximately similar to something.
- 118. the weakest link (phrase) the most vulnerable point/thing in a system.
- 119. short of (phrase) less than.
- 120.<u>a long way down</u> (phrase) it means that it will take a long time to reach the lower level.
- 121. take place (phrase) happen, occur, transpire.
- 122. much more (phrase) a lot more.
- 123. take the podium (phrase) (to get up &) speak to an audience.
- 124. on one's own (phrase) alone, all alone, by oneself, all by oneself, independently, single-handedly.
- 125. no longer (phrase) not anymore.
- 126. in the middle of (phrase) during; in the (difficult) situation.
- 127. stands to reason (phrase) it is obvious, it is logical, it is sensible, it is understandable.
- 128. <u>hard feelings</u> (phrase) resentment, anger, ill feelings, ill will, bitterness.
- 129. above all (phrase) most importantly, primarily, essentially.
- 130. in tandem (phrase) alongside each other.

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- 131. keep track of (phrase) monitor, follow, keep up with, record.
- 132. it is no surprise (phrase) as expected, as anticipated, as predicted.
- 133. make a difference (phrase) be important, have a significant effect on, to cause a change.
- 134. put on hold (phrase) postpone, put back, hold off, defer, delay
- 135. at home (phrase) in one's own country.
- 136. contrary to (phrase) conflicting with, opposed to.
- 137. at large (phrase) as a whole, as a body, generally.
- 138. draw attention to (phrase) to make someone notice something; emphasize, highlight, underscore; focus on.
- 139. <u>fall victim to</u> (phrase) suffer, be hurt, be damaged, be killed, succumb to, perish.
- 140. in the name of (phrase) for the sake of, at the behest of.
- 141.in one's favour (phrase) to one's benefit/advantage.
- 142. never let a good crisis go to waste (phrase) a famous quote by Winston Churchill after WWII. Churchill's insight on human nature can also be applied to the crisis we face today.
- 143. under way (phrase) in progress, happening, occurring, taking place.
- 144. <u>take advantage of</u> (phrase) make use of, utilize, put to use, use, benefit from, capitalize on, draw on.
- 145. serve to (phrase) to have the intention/purpose of doing something.
- 146. <u>under pressure</u> (phrase) to endure a lot of stress caused by some compelling influence; worried, troubled, anxious, on the spot.
- 147. play a part/role (phrase) contribute to, be instrumental in, be a factor in.
- 148. in connection with (phrase) regarding, concerning, relating to, dealing with.
- 149. at all costs (phrase) irrespective of the effort needed; whatever happens; at any price; regardless of, in spite of everything.
- 150.go overboard (phrase) to do something too much or excessively.
- 151. by and large (phrase) largely, mostly, mainly, in general.
- 152. in the short term (phrase) in the (near) future.
- 153. in the long run (phrase) eventually, in the end, ultimately.
- 154. regardless of (phrase) despite, notwithstanding, in spite of.
- 155. for instance (phrase) as an example.
- 156. along with (phrase) together with, accompanying.

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- 157. far more (phrase) a lot more, much more.
- 158. on the edge of (phrase) on the brink of, on the verge of a situation; at a crucial or critical point.
- 159. in the face of (phrase) despite, notwithstanding, regardless of; when confronted with.
- 160. turn a deaf ear (phrase) pay no attention, ignore, disregard
- 161. <u>keep at bay</u> (phrase) prevent someone/something from coming nearer.
- 162. sooner or later (phrase) eventually, in the end, finally.
- 163. due to (phrase) because of, owing to, on account of, as a result of.
- 164. rather than (phrase) instead of.
- 165. in the meantime (phrase) for now, for the present, in the interim.
- 166. <u>in time</u> (phrase) punctually, promptly, on time, not too late, on schedule.
- 167. hand-in-hand (phrase) together, in partnership, closely.
- 168. make sure (phrase) confirm, make certain, ensure.
- 169.going forward (phrase) in the future.
- 170.go a long way (phrase) achieve great success; to be helpful for a significant amount of time.
- 171.<u>at the mercy of (phrase)</u> under the control of, under the heel of, in the power of, controlled/dominated by.
- 172. under one's belt (phrase) succeeded, achieved, experienced, learned, acquired (something (e.g. a skill) as part of one's experience and that might be an advantage for him/her in the future.
- 173. the finer points of (phrase) (complex) details, niceties, specifics, (detailed) particulars.
- 174. the haves and the have-nots (phrase) the people who are very rich and the people who are very poor.
- 175. on one's own terms (phrase) according to one's own opinions/views.
- 176. **plug the gap** (phrase) give something that is lacking/deficient in a particular situation.
- 177. <u>punch above one's weight</u> (phrase) try to achieve or perform at a higher level than expected (beyond one's ability).
- 178. hold the line (phrase) to keep a situation from getting worse; to firmly maintain one's position/viewpoint under pressure and not surrender to it; keep up, hang on, hold on.

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- 179. by foot (phrase) walking.
- 180. <u>room for manoeuvre</u> (phrase) opportunity to change your plans or to do things differently in order to achieve what you want.
- 181. cat and mouse (game) (phrase) a contrived/measured action involving constant pursuit, near captures, and repeated escapes.
- 182. zero in on (phrase) focus on, centre on, concentrate on, highlight, spotlight, underline, emphasize.
- 183. is no stranger to (phrase) experienced in something; knowledgeable about something; to be well informed about a particular experience or activity.
- 184. fall off a cliff (phrase) collapse; fail/break down suddenly/quickly.
- 185. take something at face value (phrase) to accept or believe something as someone says without thinking whether it is true or not.
- 186. an open book (phrase) something that is easy to understand.
- 187. come in handy (phrase) to be useful.
- 188. in absolute terms (phrase) measured by itself, not in comparison with other things.
- 189. strike a balance (phrase) find a fair & reasonable line of action between two contrasting things.
- 190. of late (phrase) recently, lately, in recent times.
- 191. <u>take the lead</u> (phrase) accept leadership role/responsibility for something.
- 192. walk the talk (phrase) to do the things you have said you would do.
- 193. in sight of (phrase) close to achieving something; within reach of.
- 194. come from behind (phrase) to improve one's position to win a game after being in a losing position.
- 195. bring to light (phrase) reveal, disclose, expose/identify.
- 196. <u>take one's cue (from)</u> (phrase) follow the example of; follow the advice of.
- 197. in a different league (phrase) to be much better; to be superior (to others).
- 198. <u>make public</u> (phrase) announce, communicate, make known, disseminate.
- 199. in keeping with (phrase) in accordance with, in agreement with, in line with, in conformity with.
- 200. <u>hold someone responsible/accountable for</u> (phrase) blame someone for something.

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- 201. <u>blur the line</u> (phrase) to make something indistinct/unclear/difficult to see the difference between two things.
- 202. in any case (phrase) whatever happens; moreover.
- 203. status quo ante (phrase) a Latin phrase meaning "the state of affairs existing before" (or) "the way things were before".
- 204. take the side of (phrase) support, back, stand by, favour, prefer.
- 205.<u>at a crossroads</u> (phrase) at a situation when an important decision ought to be made.
- 206. come as a surprise (phrase) to make someone feel surprised.
- 207. at work (phrase) in action.
- 208.as well as (phrase) and also, and in addition.
- 209. in sight (phrase) observable, noticeable, visible, recognizable, near at hand, close.
- 210. on top of (phrase) in addition to, besides.
- 211. time and again (phrase) often, frequently, repeatedly.
- 212.<u>at the height of (phrase)</u> at the most extreme part/point of something.
- 213. in return for (phrase) in exchange for.
- 214. <u>take for granted</u> (phrase) understand, assume, presume (something is true without cross-questioning it); For example, if people take something for granted, they do not place much value on it. Or you believe it to be true, real or expected.
- 215. get stuck in (phrase) embark on, set about, work at, get down on.
- 216. in favour of (phrase) in support of, to the advantage of, approve of.
- 217. preparatory to (phrase) as a preparation for.
- 218. in sync (phrase) in agreement.
- 219. on behalf of (phrase) in the interests of, in support of, for the benefit of.
- 220. <u>cause for celebration</u> (phrase) a reason to celebrate something.
- 221. (in) contrast to (phrase) in opposition to.
- 222. look to (phrase) consider, give thought to, think about, take heed of, pay attention to.
- 223. <u>pave the way for</u> (phrase) clear the way for, make preparations for, put things in order for.
- 224. thanks to (phrase) as a result of, owing to, due to, because of.
- 225. follow suit (phrase) emulate, copy, follow, take (another's actions as an example).

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- 226. add up to nothing (phrase) to result in nothing.
- 227. if at all (phrase) it indicates that something is unlikely to happen, if it does happen, but it happens in a restricted way.
- 228. <u>take into account</u> (phrase) consider, take into consideration, have regard to, reckon with.
- 229. get the better of (phrase) defeat, beat, overcome, conquer.
- 230.<u>the way forward</u> (phrase) something (a plan/action) that leads to success in the future.
- 231.bring to a close (phrase) bring to an end, dissolve, finish, conclude.
- 232. <u>leave someone or something standing</u> (phrase) be much better than others.
- 233. on end (phrase) continuously, successively, consecutively.
- 234. state of affairs (phrase) condition, situation, circumstances.
- 235. in short (phrase) briefly, in essence.
- 236. lose time (phrase) waste time, delay.
- 237. set the tone (phrase) to establish the mood/feeling of something.
- 238. take measures (phrase) take action, take steps.
- 239. keep pace with (phrase) progress at the same speed as.
- 240. move forward (phrase) make progress/strides; proceed, advance, improve.
- 241. <u>put/throw a spanner in the (works)</u> (phrase) prevent or obstruct something (a plan or activity) from happening/succeeding; disrupt, hinder/hamper, interfere with, create a problem/trouble.
- 242. sever/cut the Gordian knot (phrase) solve an extremely difficult problem forcefully/directly/decisively.
- 243. put something to the test (phrase) to find out how strong/effective something is.
- 244. <u>have one's (own) way</u> (phrase) to do what one wants to do (despite objection from others).
- 245, prepare the ground (phrase) to pave the way, plan/organize, make it easier for future (development).
- 246. save the day (phrase) get/give a solution to a problem/difficulty.
- 247. know one's way around (phrase) to be familiar with something.
- 248. on the front foot (phrase) at an advantage; outclassing, outmanoeuvring (opponents).
- 249. <u>the stuff of dreams</u> (phrase) things that are normally found in dreams/stories etc.

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IDIOMS & PHRASES (01-30JUN21)

- 250. lay/bury the ghost of (phrase) to get rid of the bad memories of.
- 251.<u>turn a corner</u> (phrase) improve, get better, pick up, look up (after critical/difficult situation).
- 252. <u>tie someone in knots</u> (phrase) to make oneself confused (when trying to make a decision).
- 253.<u>fall on someone's shoulders</u> (phrase) to become the sole responsibility of someone.
- 254. down for the count (phrase) (particularly in boxing) knocked out to the floor and could not stand up again to fight.
- 255. act of omission and commission (phrase) act of omission and commission are, respectively, things someone failed to do, and things someone has done.
- 256. <u>build bridges</u> (phrase) encourage/support the friendly relationship between different groups.
- 257. up the ante (phrase) to increase demands/stakes (in a tough condition) even though it has risks; To take an action that raises the risks.
- 258. down the ante (phrase) to decrease demands/stakes (in a tough condition); To take an action that decreases the risks.
- 259. dig in one's heels (phrase) oppose, fight against, refuse to accept.
- 260. a free hand (phrase) licence, freedom, latitude, leeway, flexibility.
- 261. in the eyes of (phrase) in the view of; in the opinion of.
- 262.<u>all the same</u> (phrase) in spite of that, nevertheless, even so, however.
- 263. <u>tighten your grip on something</u> (phrase) start to control something more strictly.
- 264. for now (phrase) for the time being, for the present, for the moment.
- 265. in light of (phrase) taking into consideration, considering, bearing in mind, in view of.
- 266. lend a hand (phrase) assist, help, aid, support, back.
- 267. a helping hand (phrase) assistance, aid, support, succour.
- 268. on someone's case (phrase) criticize someone frequently.
- 269. in the first instance (phrase) in the first place of, in the first stage of.
- 270. in a sense (phrase) in a way, from a point of view.
- 271. beg the question (phrase) raise a point; invite question.
- 272. play host to (phrase) to act/function as a host for something.

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LEARNING ENGLISH & IMPROVING VOCABULARY

IDIOMS & PHRASES (01-30JUN21)

- 273. spiral/spin out of control (phrase) change/move in an uncontrolled way & quickly.
- 274. to someone's horror (phrase) to make someone very shocked.
- 275. make clear (phrase) explain, clarify, elucidate.
- 276. sliver of something (phrase) a small/thin piece of something.
- 277. <u>in comparison</u> (phrase) when compared, comparatively, by comparison, proportionately.
- 278. in that light (phrase) considering that, taking into account that, in view of that.
- 279. in the event of something (phrase) if something happens.
- 280. on the face of it (phrase) apparently, seemingly, evidently/ostensibly; at first glance.
- 281. so/as long as (phrase) provided that.
- 282. for want of (phrase) for a lack of (something).
- 283. pay the price/cost (phrase) experience the bad/unpleasant result of something; sacrifice, loss.
- 284. <u>take cognisance of</u> (phrase) notice, attend to, take into account, give attention to.
- 285. suo motu (phrase) Latin term means "on its own motion". It is used where a government agency acts on its own knowledge.
- 286. a friend in need is a friend indeed (phrase) a friend who helps in difficulty is a true friend.
- 287. for one (phrase) used to emphasize your opinion, even if others may disagree it.
- 288. take/hold hostage (phrase) to keep someone as a hostage.
- 289. thus far (phrase) until now, till date.
- 290. make headway (phrase) make progress, advance, proceed, get ahead.
- 291. at the cost of (phrase) by sacrificing/losing/giving up something.
- 292. even so (phrase) anyway, however, in spite of that.
- 293. open the floodgates (phrase) to make something easier for a lot of things to happen (or) to make it possible for a lot of people to start doing something that was not permitted previously.
- 294. in all one's glory (phrase) looking very beautiful, glorious, stunning, gorgeous or elegant.
- 295. lead from the front (phrase) take an active role in what you are saying others to do.

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IDIOMS & PHRASES (01-30JUN21)

- 296. in order (phrase) correct, appropriate, fitting, suitable, proper, acceptable.
- 297. hold the edge (phrase) have a slight advantage.
- 298. come at a cost/price (phrase) to have a negative consequence.
- 299. <u>bear the brunt</u> (phrase) to suffer or endure the worst part of something (force/burden/pressure) when a very bad or unpleasant thing happens.
- 300. as a whole (phrase) all together, in general.
- 301. rest on someone's shoulders (phrase) be the sole responsibility of.
- 302. on the horizon (phrase) imminent, impending, approaching, near/close, just around the corner.
- 303. seize the opportunity (phrase) take advantage of, benefit, gain.
- 304. down the path/road (phrase) in the future.
- 305. around the corner (phrase) close by, nearby, very near, within reach, not far away.
- 306. owing to (phrase) because of, as a result of, on account of, due to.
- 307.go far (phrase) succeed, do well, make good.
- 308. in particular (phrase) particularly, specifically, especially.
- 309. concede ground (phrase) lose power, position or strength.
- 310. window of opportunity (phrase) a short period of time in which one has a chance to do/achieve something; lucky chance, good time, golden opportunity, suitable time/moment, opportune occasion.
- 311. shade of grey (phrase)—used to refer to a situation where things are unclear or uncertain.
- 312. tip the balance (phrase) be the deciding factor; make the critical difference.
- 313. a break from the past (phrase) (of one's behaviour) a radical/complete change.
- 314. seed the ground (phrase) prepare the ground, make it easier for something to develop.
- 315. in a way (phrase) rather, fairly, moderately, somewhat.
- 316. in the light of (phrase) considering, taking into account, keeping in mind.
- 317. at best (phrase) simply, but, nothing but.
- 318. <u>put something into perspective</u> (phrase) to compare something with a similar thing to give a better idea; to access the true importance of something.

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LEARNING ENGLISH & IMPROVING VOCABULARY

IDIOMS & PHRASES (01-30JUN21)

- 319. at worst (phrase) in the most serious situation.
- 320.<u>of/to no avail</u> (phrase) in vain, without success, unsuccessfully, with no result.
- 321. open door for (phrase) to allow something new to begin.
- 322.(look) on the bright side (phrase) to be optimistic (regardless of difficulties).
- 323. come as no surprise (phrase) something which is not surprising someone, but is as expected one.
- 324. in the course of (phrase) during, in the process of, in the time of.
- 325. stay the order (phrase) stop a particular decision from being used; stay a particular action from taking place.
- 326. war of words (phrase) a situation in which two people argue or criticize each other because they strongly disagree about a particular issue.
- 327. to an extent (phrase) somewhat, partly.
- 328. in question (phrase) at issue, under discussion/consideration.
- 329. <u>from time to time</u> (phrase) occasionally, now and again, periodically.
- 330. <u>close the door on</u> (phrase) to no longer thinking about/dealing something.
- 331. bring to the fore (phrase) to move something forward to a most important position (to make it more visible).
- 332. below/under the radar (phrase) to go unnoticed/undetected.
- 333. come into place (phrase) come into force/effect (a new law, rule, change, etc.).
- 334. <u>ultima ratio</u> (phrase) the last resort; the last argument. (Ultima Ratio Regum is a Latin phrase meaning 'the last argument of kings' i.e., war).
- 335.<u>a bolt from the blue</u> (phrase) a sudden & unexpected news; shock, surprise.
- 336. hold dear (phrase) treasure, appreciate, value highly, rate highly, care very much about.
- 337. <u>rule of thumb</u> (phrase) a general estimate. It is not scientific or exact. This expression comes from using body parts as units of measure.
- 338. fall in the trap (phrase) make a wrong decision or get into difficulties.

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